



HEALTHY MEETINGS AND EVENTS

Healthy Meetings and Events

Many organizations are implementing healthy meeting and event practices. To send the message that health is important to your organization, to help support the health of your employees, members, and partners, and to have more energized and engaged participants, your organization should adopt healthy meeting and event practices too.

National Alliance for Nutrition and Activity Healthy Meeting Toolkit

For more information on healthy meetings and how to incorporate healthy practices into your meetings and events, check out the National Alliance for Nutrition and Activity (NANA) Healthy Meeting Toolkit. The Toolkit includes guidance on healthy meeting practices, as well as many resources to help make healthy meetings a reality. The Toolkit can be used for ever

